Remimeo
VIII Checksheet
All VIIIs
Class IX
Class X
Dept 10s
All C/Ses

C/S Series 37R

REVISED

(C/S Series 37, HCOB 19 May 71 and C/S
Series 37 Addition HCOB 21 May 71 have
been cancelled and are not for use.
They are replaced by this HCOB, C/S
Series 37R.)

MUST BE CHECKED OUT *RATE AND IN CLAY BEFORE USE!

HIGH AND LOW TA BREAKTHROUGH

High and Low TAs have been a long time puzzle and stumbling block to Auditors.

The usual definition of OVERRUN is "gone on too long" or "happened too often". This causes high TAs to occur.

In examining a few failures on using "overrun", I have found that underlying this there is a more basic principle.

When a thetan believes something is "overrun" or "has gone on too long" or "was done too often" he is expressing only a symptom of another mechanism.

The truth is A THETAN CAN DO ANYTHING FOREVER.

To Audit "overruns" is auditing toward an untruth. Thus if carried on as a process it is really an out of ARC Process.

That which makes a thetan believe something can be overrun is the EFFORT TO STOP or THE EFFORT TO STOP HIM.

The effort to stop something, when generalized, becomes a "stop everything" and IS the entrance point of insanity. This has been known since 1967. But I did not earlier connect it with the OVERRUN phenomenon.

When a thetan has a long chain of efforts to stop or a chain of efforts to stop him (mixed up with protest, of course, and shame, blame and regret and other human emotion and reaction) he accumulates ridges. These make mass.

This mass makes the high TA.

In truth it is not possible to kill a thetan, so therefore any effort to stop a thetan would only have partial success. So the chain is also full of INCOMPLETES.

An incomplete cycle of action causes ARC breaks.

Thus an OVERRUN is full of MASS and ARC Breaks!

As you possibly recall from the material of about 1955 the one process you must not run on a pc is "Look out of here and find something you can go out of ARC with?" This sends him into a dwindling spiral.

The common denominators of a bank are OUT OF ARC and STOP!

Thus if too long a list of "What has been Overrun" is required to obtain the first BD F/N item the listing action may very well restimulate much more bank than can easily be handled on some pcs.

As these are also the pcs with very high TA, if one lists for overrun and runs much too long a list to get his first BD F/N item, the pc can be heavily restimulated.

Listing errors or upsets can make this, then, too uncomfortable a proceeding for a pc and should NOT now be done.

And if it doesn't work on some pcs in the hands of some auditors, it must therefore be cancelled. Any recommendation on VIII Course to do it is cancelled.

The theory is correct as given on the VIII Course. There, a few items were intended. But now some very long lists have come up on some pcs which made the pc uncomfortable and were hard for the auditor to handle. Thus the BD F/N item overrun list must not be done.

CONTINUE is then the Reverse Action to overrun. Continue equals Survival.

The REVERSE to overrun therefore can be run as a process, to wit, "What would you be permitted to continue?" or "What could be Continued?"

This however would not be very successful. Thus the listing action is recommended as the process to use.

LISTS

SEVEN Lists can be done on Overrun itself by using the in-ARC Approach.

Assess A.   Self to another _____

B.   Another to self _____

C.   Others to others _____

D.   Others to Self _____

E.   Self to Self _____

F.   Another to others _____

G.   Others to another _____

Ordinarily the biggest read or any read has located a flow that will run and will be most real to the pc. But this is not true in handling overruns. The most stopped or rising read is where he's really hung. To get a TA down list the most stopped read or the rise of the read or the item that raised the TA when called. This is ONLY true of Overruns.

The list questions for the above are:

If A stopped: "What could you continue to do to another?"

If B stopped: "What could another continue to do to you?"

If C stopped: "What could others continue to do to others?"

If D stopped: "What could others continue to do to you?"

If E stopped: "What could you continue to do to yourself?"

If F stopped, list "What could another continue to do to others?"

If G stopped list "What could others continue to do to another?"

The "Most stopped read" would be one that really froze the needle or caused it to rise or caused the TA to RISE such as 3.5 to 3.6.

The lists would be listed to a BD F/N item, Cog, VGIs. Actually the list could be listed forever. But the pc will get an item he likes and that F/Ns. He is then given his item. One does NOT null such lists unless one has really goofed.

ALL the lists A, B, C, D, E, F and G can be listed. To get a TA DOWN you list the flow that sends the TA UP. Then reassess for the next that sends the TA up etc.

LOW TA

The same exact thing causes LOW TAs. The flow could be said to have overwhelmed the pc.

Exactly how you read the list for Low TA will be given in another HCOB after further tests are made. In theory it would go lower on assessment.

Please note that OUT TRs on the part of auditors is the most frequent cause of low TAs. TR 1 that drives the pc out through the back of his head can cause a low (below 2.0 TA) on a lot of pcs.

END PHENOMENA

The End Phenomena, the "E.P." of a TA HANDLING RUNDOWN would be all lists assessed or listed to F/N and the pc's needle doing a persistent continual F/N for days. This means an F/N, wide, that nothing can kill.

DEPT 10

The Department of Special Cases should have auditors who can do this rundown by the book and with perfect results. It is really a Dept 10 technique.

FLOWS NOTE

There are about seven flow directions that can be used or listed. (1) Self to another, (2) Another to self, (3) Others to others, (4) Self to others, (5) Others to self, (6) Another to others, (7) Other's to another.

"Flow" is an electronic flow in a direction. In Phoenix Arizona, in 1952 an "Oscilloscope" (has a face like a radar, shows wave patterns and directions) was once hooked up to an E-Meter movement and showed that a mental flow will flow just so long in one direction. By reversing the repetitive commands when the left-right directional flow slowed, the flow turned around and flowed right-left then slowed etc. So actual electrical flow occurs in response to the directional command (like "self to another"). Also it jams up when run too long on an average human because his mind has "overruns" in it already.

"Ridges" and masses come about from a conflict of flows opposing or being pulled back as in witholds.

High TAs are caused by two or more flows opossing thus making a mass or ridge.

Low TAs are caused by overwhelm by flows.

The thetan thinks of them as overruns and so quits on a subject or wishes he could.

This is why the TA behaves as it does on life and certain subjects.

There is no real reason why a flow can't go on forever in one direction unless a thetan tries to stop it. Then it ridges and makes mass which then reads on a TA.

AUDITOR QUALIFICATIONS

An Auditor must be a master at Listing and nulling in order to touch such Actions as these lists. To foul up on listing on an already fouled up pc is quite out-tech!

An auditor's TRs should have been passed the Hard Way.

His metering must be excellent and flawless.

His command and use of the Auditors Code must be complete.

He should himself have had case gain.

He **must** have a full checkout on this HCOB and be able to do it in clay.

And as I say, he must know the subect of Listing and Nulling so well, he can always list smoothly to a BD F/N item with never a quiver.

INTERIORIZATION RUNDOWN

This HCOB does not change the Interiorization Rundown in theory or in practice.

It does however give this procedure.

1.   On a high or low TA pc check for Exteriorization in auditing.

2.   If pc has gone Ext in Auditing make **sure** he has not had an Ext-Int RD earlier before giving him another.

3.   If an earlier Int RD exists repair, complete or rehab it. Often an Int RD is itself overrun. An L3B on it will show what is wrong with the earlier one. Some poor High TA pcs have had 2 or 3 Ext-Int RDs! All run past the EP.

Some Ext-Int RDs went totally flat on the secondaries! Or on the recalls. All else was overrun.

4.   If no earlier Ext-Int RD was done, then do one.

5.   If the check of the Ext−Int RD situation shows it not to be the reason, or was the reason but the TA goes high or low days later, then DO THIS TA HANDLING RD.

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As po high and low TAs have been blocking auditing for a lot of auditors this discovery and its remedy is Delightful news!

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